

# Australian Representative Coach Commitment 2019/20



## Purpose

Winning is inherent in Representative Cricket and, although players must learn to win, it is far more important that young players have an experience that they find enjoyable and contributes to developing a love of the game.

## Understandings

Coaching identified as coach centred and focused on winning reflects some or all of the following:

- Coach centred environment | authority figure
- Aggression / fear / undesirable emotion within the environment
- Constant, overt, explicit instruction from sidelines
- “Best” players getting all the opportunities chasing wins
- Criticism of players| mistakes seen as negatives | coaches bundling performances into block negatives rather than being able to see and reflect on the positive aspects of the play
- Criticism of umpires, officials, conditions etc.

Coaching identified as player centred and focused on a balance of winning/development:

- Coaching the Australian Way:
  - Player centred environments
  - Effective use of nets and outfield to achieve skill development outcomes
  - Players working in small groups, performing every aspect of the activity
  - Player contributions / leadership
  - Utilising the CA Coaching App
- All players getting consistent, planned and appropriate opportunities
- Positivity around learning | mistakes seen as part of the process
- Calm environment where achievement is celebrated, and mistakes are worked through
- Empathy / understanding and connectedness espoused
- Team environment, encouragement, confidence building, fun

## Commitment

As a coach of youth cricket in Australia I understand the critical role I play in developing all the players in my care and in nurturing both their talent and love of the game. I understand that everything coaches do should be commensurate with developing players who are learning how to win; but, with a heavy focus on all players enjoyment and development as the priority.

Club: \_\_\_\_\_

Coach: \_\_\_\_\_ Junior Premier Coordinator: \_\_\_\_\_

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_

***“The players may not always remember what you specifically told them, but they will always remember how you made them feel.”***

